## Get Started Now!

Join Jenny Craig and receive a

## FREE 30-day program & more!\*

Tina lost

120 pounds!†

\*Plus the cost of food



2

It's as easy as 1, 2, 3 -

## Go to

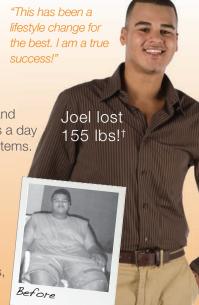
for your special offer coupon.

**Print your coupon**, and bring it along with your member ID to your **FREE** consultation.

Call 1-800-96Jenny to find your nearest Jenny Craig Centre or to learn more about Jenny Direct®, the at-home program.

## All Jenny Craig programs offer:

- One-on-One support with weekly consultations.
- A personalized, comprehensive program designed to fit your lifestyle.
- Menus that are individualized to you and include three Jenny's Cuisine<sup>™</sup> meals a day chosen from over 80 delicious menu items.
- The option of having Jenny's Cuisine<sup>™</sup> delivered right to your door with the at-home program, **Jenny Direct**®.<sup>‡</sup>
- 24/7 support to help you stay motivated.
- Online tools that include a daily journal, menu planner, healthy recipes, message boards and chat rooms.
- ‡ Plus shipping and handling charges



Visit

Before

† Results not typical

to receive your coupon today!

Lenny Craig®

Valid at participating Centres in the United States, Canada, Puerto Rico and Jenny Direct<sup>®</sup>.

Discounts apply to membership only.